

ST PAUL'S ANGLICAN CHURCH

Session 8

**How can I
make the most
of my**

Life

Alpha

WELCOME TO ALPHA – A SERIES OF INTERACTIVE SESSIONS TO DISCUSS LIFE AND THE CHRISTIAN FAITH IN AN INFORMAL, FUN AND FRIENDLY ENVIRONMENT.

After each talk, there is a time for discussion with the people in your pew, during which you can ask questions, delve into different issues and find out what others think.

This is your guide, so use it however you like. Write, scribble, note, jot, or doodle. Whatever helps.

After each discussion there will be a short time of worship and prayer during which you are invited to sing and pray along with the rest of the congregation, or if you prefer simply listen and observe.

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1. WHAT SHOULD WE DO?

- Break with the past
 - “Do not conform to the pattern of this world.” (Romans 12:2)
 - “Don’t let the world around you squeeze you into its mould.” (v.2, J. B. Phillips)
- Make a new start
 - “Let God transform you inwardly by a complete change.” (v.2, GNT)
- God has treasures in store for us.
 - Sincere love (v.9)
 - Enthusiasm in your relationship with God (Romans v.11)

2. HOW DO WE DO IT?

- “Offer your bodies” (Romans 12:1)
 - Time
 - Priorities
 - Ambitions (Matthew 6:33)
 - Money
 - Ears
 - Eyes
 - Mouth
 - Hands
 - Sexuality
- “... as a living sacrifice.”
 - We will find freedom.
 - There will be a cost.
 - There will be challenges.

3. WHY SHOULD WE DO IT?

- What God has done for us?
 - “... in view of God’s mercy.” (Romans 12:1)
- What God has planned for our future?
 - “... his good, pleasing and perfect will.” (v.2)

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RECOMMENDED READING

The Jesus Lifestyle
Nicky Gumbel

Life in Christ
Raniero Cantalamessa

We pray and give thanks for

International - Our Companion Diocese of Ho - Bishop Matthias

Mission of the Month - St Paul's VBS

Diocese - Our Bishop David and his wife Janet & Retired Bishops Harold, George, William and Claude.

Government - Prime Minister Justin Trudeau, Premier Brian Gallant, Mayor Ken Chorley and the town council

Deanery - Central Kings: Rob Marsh & Retired Clergy: Rev. David Gray

Parish - Rev. David & Family & Rev. Deacon Deborah Cochran & Family

St Paul's Prayer Corner

Raymond Bates, Don Buchanan, Bobbi-Jo Corner, Loretta Derrah, Barb Glauser, Rick Hatchette, Dawn Lent, Paul Robichaud, Lloyd Ryder, Sue Scribner, Erika Wisted

August 28	10:00 am Holy Communion <i>Alpha 9 – How can I resist evil?</i>
Music Leader	Christian Gowan
Layreader	Marg Petrie
Reader	Diana Bastarache Isaiah 55: 6-11
Greeters	Keenan Family
A/V	Elaine Robichaud
Sunday School	Heather Miller / Joyce Logan
Chancel	Estelle Fowler
Counters	JoAnne DiProse / Alice Kennedy