



St. Paul's

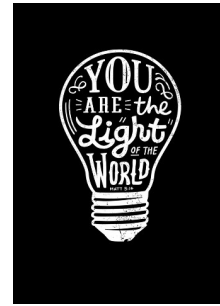
Anglican Church, Hampton
Growing Spiritually
+
Building Community
through Discipleship, Worship, + Service



**Salt doesn't just make things taste good.
Salt, like light, is essential for life.**

Salt (a.k.a. sodium chloride) is essential for nerve and muscle function as well as regulating our bodies' fluids and blood pressure. Because our bodies are constantly excreting salt through sweat and other fluids we need to constantly

replenish the levels of sodium chloride in our body through our diet.



For a lot of human history salt wasn't as easy to come by as it is today, and so, because it is so essential for our health humans developed a strong desire for salt. We crave it because we need it. Too much salt is bad for us, which is important to remember with so much salt around these days. Not enough salt, however, is also bad for us because salt is essential for life.

Before the days of potassium and other chemical based fertilizers salt was also a minor but important ingredient in fertilizer for crops. So, in Matthew 5:13, when Jesus says to his disciples and to the crowd "you are the salt of the earth" and "you are the light of the world" what he is saying is that God has made them for the purpose of giving life. He has made them to be an essential ingredient in the life and health of the world.

But then Jesus gives them this strange warning. "If salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot." It's a strange warning because sodium chloride is a remarkably stable compound. Have you ever gone to your salt shaker and discovered that the salt inside had lost its saltiness? No, because it doesn't happen. So, what's Jesus talking about?

Well, the sad fact is that God's people are not always the sort of force for life and health in the world that God originally made us to be. Sadder still, the failure of God's people to be a force for life and source of light in the world is so often that case that it can seem pretty normal to us. But from God's perspective (which is the perspective from which Jesus is speaking here) it is as surprising, disappointing and as bizarrely contradictory as if one of us were to discover that our salt was no longer salty.

But don't worry. Jesus doesn't just leave God's people there all sad and unsavoury without any hope. In the gospel for this Sunday (Matthew 5:13-20)

we'll see how Jesus has come to help God's people. He has come to help all of us fulfill our God-given purpose in the world.

I hope you can join us at 10am this Sunday as we learn more about how Jesus has come to help us fulfill our purpose together.



St Paul's Prayer Corner

† Gale A † Jackie Bettle † Don Buchanan † Della Durelle † Loretta Derrah † Barb Glauser † Glenn Hopey † Pat Keirstead † Donald Lamb † Dawn Lent † Paul Robichaud † Sue Scribner † Erika Wisted

[Click here for the 2016 ANNUAL REPORT \(Print copies are available\)](#)

Parish Financial Report

February 5, 2017
(5 out of 52 Sundays Reported)

\$14,615.11	Receipts
\$13,959.80	Expenses

\$655,31	Surplus

[Click here for 2017 PARISH SURVEY](#)

Youth Update

Feb 12th - All youth groups and their families are invited to come skating with us at the Hampton Community Centre from 1:15-2:15pm . We are looking forward to seeing you there.

March 4th - Messy Church from 4-6pm with supper provided. Come out and bring your friends.

March 5th - No high school youth

Coldest Night of the Year

On **February 25th**, St Paul's Hampton will be walking in the Coldest Night of the Year and wanted you to...

1. Know about it, *and*
2. Consider joining us, *and/or*
3. Consider donating to us

group

The Diocese has a full-time opening for a **Personnel and Safe Church Officer**. This position, located in Fredericton, will be responsible for all human resource, payroll and Safe Church administration. The full advertisement and job description can be viewed on the Diocesan website; closing date is **Feb. 15**. Applications can be sent to application@anglican.nb.ca

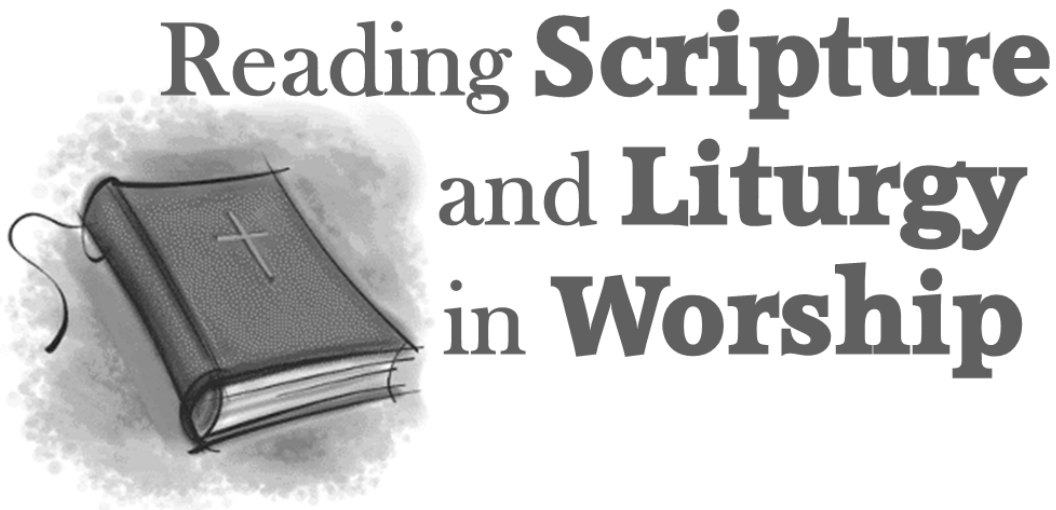
The **Coldest Night of the Year** is Canada's National Walk for Homelessness, and here in my community, it's raising money for people in our town who are hungry, homeless and hurting.

2017 Tax Receipts are now available at the back of the church

KV Memory Cafe

Sun, Feb. 12, 2017, from 2-4 pm.
St Paul's Anglican Church Hall,
4 Church Ave, Rothesay, NB.

Melanie at 634-8722 or
email msaulnier@alzheimer.nb.ca.



The Bible is meant to be read, but it is also meant to be heard.

Our life and mission as a church grows out of prayer, and worship, and the Eucharist. But they also grow out of the communal reading and hearing of the Scriptures.

"Reading Scripture and Liturgy in Worship" is a workshop for Layreaders, Readers, and Anyone with an interest in the communal reading of the Scriptures for the building-up of God's people.

This free workshop will next be offered on Feb. 11th from 10am-Noon at St. Paul's Anglican Church, Hampton.

Please register online at [WORKSHOP REGISTRATION](#)

Upcoming Events & Schedules

Mission of the Month - Toonie Tin

Hampton Middle School

5 Feb - 10:00 am service

Annual Meeting following service

Bring a bagged lunch.

- 5 Feb – 6:30 pm Youth Group Gr 9-12
- 6 Feb – 6:00 pm Youth K-5 (Bloomfield)
- 6 Feb - 7:30 pm Youth Gr 6-8 (Bloomfield)
- 7 Feb – 10:00 am Bible Study
- 7 Feb - 7:00 pm Naturalist Club
- 8 Feb - 12:00 pm ACW
- 8 Feb - 6:30 pm Praise Team Rehearsal
- 9 Feb – HMS baking (Heather & David)
- 10 Feb - HMS desserts (Diana)
- 11 Feb - 10:00am Reading Liturgy & Scripture in Worship

12 Feb - 9:00 am & 10:30 am service

- 12 Feb - 12:15pm Youth Skating Event
- 12 Feb - 12:30 pm Mothers' Union (Donna)
- 13 Feb – 6:00 pm Youth K-5 (Bloomfield)
- 13 Feb - 7:30 pm Youth Gr 6-8 (Bloomfield)
- 14 Feb – 10:00 am Bible Study
- 15 Feb - HHS Pancakes (St Paul's)
- 15 Feb - 6:30 pm Praise Team Rehearsal
- 16 Feb – HMS baking (Donna)
- 17 Feb - HMS desserts (Kate)

19 Feb - 9:00 & 10:30 am service

- 19 Feb – 6:30 pm Youth Group Gr 9-12
- 20 Feb – 6:00 pm Youth K-5 (Bloomfield)
- 20 Feb - 7:30 pm Youth Gr 6-8 (Bloomfield)
- 21 Feb – 10:00 am Bible Study
- 21 Feb - 7:30 pm Vestry
- 22 Feb - 6:30 pm Praise Team Rehearsal
- 23 Feb – HMS baking (Michelle)
- 24 Feb - HMS desserts (Deb G)
- 25 Feb - 4:00 pm Coldest Night of the Year Walk

5 Feb

Annual Meeting immediately following the service.

Bring a bagged lunch

10:00 am HC BAS

Layreader: Debbie *Psalm 112: 1-10 & Isaiah 58: 1-9a*
Greeters: Alice & Bruce
A/V: Elaine / - - -
Sunday School: Sheri / Kate
Youth SS: - - -
Nursery: Tim
Chancel: Shirley / Betty
Counters: Alice / Shonaugh

12 Feb

9:00 am HC BCP

Layreader: Myra
1 Cor. 3:1-9, Psalm 119: 1-8
Reader: Glenna
Deut. 30: 15-20
Greeters: Robert & Claire

Chancel: Jean / Shirley
Counters: Glenna / Shonaugh

19 Feb

9:00 am HC BCP

Layreader: Betty
*1 Cor. 3:10-11, 16-23,
Psalm 119:33-40*
Reader: Pat
Lev. 19:1-2, 9-18
Greeters: Pat & Peggy

Chancel: Pat / Barb
Counters: Shonaugh / - - -

12 Feb

10:30 am HC BAS

Layreader: Heather
Psalm 119: 1-8
Reader: Elaine
Deut. 30: 15-20
Greeters: Nicky & Shelby
A/V: Elaine / Kevin
Sunday School: Heather C /
Danielle
Youth SS: Betty
Nursery: Debbie G

29 JAN

10:30 am HC BAS

Layreader: Rod
Psalm 119:33-40
Reader: Myra
Lev. 19:1-2, 9-18
Greeters: Nicky & Shelby
A/V: Kevin /
Sunday School: Karla / Reagan
Youth SS: Kate
Nursery: Jenny