



## St Paul's Hampton

*Growing spiritually and building community  
through discipleship, worship & service*

**March 19, 2017**

**3<sup>rd</sup> Sunday in Lent**

9:00 am Holy Communion | Book of Common Prayer P67

10:30 am Holy Communion | Book of Alternative Services P185

### **Collect**

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

### **This Sunday's Readings:**

**EXODUS 17:1-7** - *After experiencing a miraculous escape from Egypt at the hand of the Lord, the people of Israel bitterly complain to Moses that they will now suffer and die because there is no water for them in the wilderness. In spite of this lack of faith, YAHWEH commands Moses to strike a rock with his staff in order to provide life-giving water for his people.*

**PSALM 95** - *The Psalmist calls the people of God to worship him with thanksgiving because of who he is and what he has done for them. He warns them not to be like their ancestors who dared to test the Lord by complaining in the wilderness and then were barred from the Promised Land.*

**ROMANS 5:1-11 (9am only)** - *St. Paul marvels at the grace of God who saved us through Christ while we were still weak, while we were still sinners and enemies. This work of the Holy Spirit enables our sufferings to produce, in turn, endurance, character and a hope that does not disappoint.*

**JOHN 4:5-42** - *When Jesus encounters a woman at a well in alien Samaria, he offers her, both a sinner and an enemy, the kind of water that produces eternal life. Through their conversation she comes to recognize him as Messiah and goes home to share the good news with her neighbours. When his disciples try to get Jesus to eat, he teaches them that true food is to do the work of God. He then stays in the area to preach the word to the Samaritans made receptive through the testimony of the woman.*

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### **St Paul's Prayer Corner**

**Mission of the Month:** Hampton High School Pancakes

**International:** Our Companion Diocese of Ho - Bishop Matthias

**Diocese:** Our Bishop David and his wife Janet & Retired Bishops Harold, George, William and Claude.

**Government:** Prime Minister Justin Trudeau, Premier Brian Gallant, Mayor Ken Chorley and the town council

**Deanery:** Parish of Waterford: Rev. Allan Tapley, Retired Clergy: Rev. John Tremblay

**Parish:** Rev. David & Family, Rev. Deacon Deborah Cochran & Family

**Parishioners:** Gale, Jackie, Don, Della, Loretta, Barb, Glenn, Pat, Donald, Dawn, Paul, Sue, Erika

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Printed copies of the newsletter with upcoming events  
are available at the back of the church